Ingham County Board of Health (BOH)
Ingham County Health Department (ICHD) – Conference Room C
Tuesday, September 3, 2019

Minutes

ACTION ITEMS FOR SEPTEMBER/OCTOBER: Send out pages 5-8 of the NALBOH presentation - Debbie

In attendance for meeting: Jan Bidwell, Denise Chrysler, Nickell Dixon, Debbie Edokpolo, Nino Rodriquez, Abby Schwartz, Dr. Shoyinka, Derrell Slaughter, Lynne Stauff

The meeting was called to order at 12:05pm by Board Chair Lynne Stauff.

August Minutes- approved

Additions to Agenda: None

Limited Public Comment: None

Announcements: None

1. Introductions/opening comments -- Lynne Stauff
Lynne reminded the BoH to RSVP for the meetings so that there is an accurate count for attendance, she requested the BoH members email Jenn with their RSVP instead of herself.

2. NALBOH Conference Review -- Lynne Stauff
Lynne gave a recap of the National Association of Local Boards of Health (NALBOH) annual conference and shared the brochure from the Denver Conference noting that this year's theme was "Climb Every Mountain, the Challenges of Local Public Health". Lynne shared that there were several workshops on Tobacco 21, collaborating with your community, and Health Equity and Social Justice.

Lynne announced that the next NALBOH conference will be in Grand Rapids, MI. She explained that there were three main tracks available at the conference including, Collaboration, Finance, and Policy.

Lynne announced that she was elected to the NALBOH board along with another person from Colorado. Lynne stated that she found the pre-conference to be the most beneficial as it was strictly BoH information. Lynne shared information from some of the presentations at noting that one of the presenters spoke about the "Framework for Intentional Governance" "Best Practices, Tools for BoH Composition", the presenter also shared sample bylaws and a sample BoH calendar. Lynne suggested that starting a BoH calendar could be beneficial. Lynne shared information from the conference
regarding Roberts Rules, for boards of 12 members or less. She further explained that there is a default version of the rules that allows the group to be more casual. These default rules do not have to be voted on but could just be accepted by boards of 12 members or less.

Lynne went on to share that there was information given regarding lobbying for BoH versus providing education. Lynne noted that ICHD's BoH could turn their focus to education. She further shared that Public Health 3.0 focuses on collaboration, engaging multiple partners, focusing on social determinants of health, policy, systems, and environmental change.

Denise voiced concern that Lynne and Denise were the only BoH members present at this year's NALBOH conference from Michigan, noting that there were a number of local Health Officers in attendance. Denise further voiced concern about local BoH not being represented at the conference.

Abby noted that ICHD's BoH should make contact with other BoH to encourage participation in future NALBOH events. Denise noted that Washtenaw and Genesee County have the most active BoH in the State. Nino recommended that Lynne be on the planning committee for NALBOH 2020. Nino further suggested arranging the session topics using those topics to attract people to the event. Nino noted that there could be a questionnaire for other advisory BoH to obtain feedback on what they would like to see at the Grand Rapids NALBOH conference.

Further discussion ensued regarding the 2020 NALBOH conference with it being determined that it should be an agenda item for the November meeting.

Lynne mentioned that there were 3 Keynote speakers present the first from the American Public Health association, the second was a former CMS director and the third was the President of the Colorado Trust which focused on Health Equity and Social Justice. She further stated that the Northern Michigan Public Health Alliance spoke about the SIMS collaboration.

Lynne suggested that ICHD's BoH use the small group Roberts rules. She further suggested that there should be a BoH a calendar and list for future meetings. Lynne noted that there are a lot of new directors at ICHD and suggested having presentations at future meetings. Abby suggested that it would be beneficial to have outreach events on the calendar. Lynne added that we could also have a list of accomplishments.

Nickell asked how often the BoH receives communication from the heads of ICHD, and how the BoH communicated with ICHD leadership.

Lynne stated that the BoH tries to hear from the Health Department every month and it is ICHD’s responsibility to tell the board what they need.

Lynne reminded the BoH that if they had not already scheduled a 1:1 meeting with her they should do so. She explained that the meetings were opportunity for her to have open communication with board members and gain valuable feedback regarding way to make the board work better and how to improve people’s experiences.
3. BoH Priority Discussion- Board of Health

Lynne explained that the Health Department does not focus on Behavioral Health as it applies to the Community Health Improvement Plan (CHIP). Lynne asked the Board if they wanted to consider choosing another focus and suggested that perhaps more could be done regarding Health in all Policies or obesity.

Debbie asked what setting behavioral health as a priority looks like for the BoH?

Jan asked if the BoH could assist families who have medical issues and disabilities with their family members who have behavioral health issues. She explained that there is a need to provide education about available services for families with those unique needs. Jan further noted that the police station receives 50-60 calls a year from people who don’t know where to go for help, explaining that they call the police to help in their home because they do not know the pathways available to them for help. Jan advocated for additional education about available programs regarding women and children and home visiting.

Nickell noted that Health Equity and Social Justice is important and the BoH should aim align with those efforts. Nickell further suggested that the BoH could focus on advocating for health literacy in all programs, and providing education to help staff meet the standards of reading level the proper use of plain language.

Debbie explained that ICHD are already prioritizes health literacy. She noted that health literacy presentations are given to staff and community members and that ICHD's literature is produced at a 3rd grade reading level. Debbie further stated that starting in January she wanted to have different program directors from ICHD attend the BoH meetings to update the board on projects in their areas.

Nickell inquired as to how often the BoH communicated with ICHD.

Lynne explained that the monthly BoH meetings were where the BoH receives updates from ICHD staff and where ICHD can request assistance from the BoH.

Denise stated that it may be beneficial to review what the role of an advisory board is. She noted that she wasn’t clear about what their priorities are. Denise asked what the BoH can do to support the needs of the community.

Debbie stated that she was unsure what the Washtenaw County BoH does, but noted that they work very closely with their community.

Derrell noted that he felt that ICHD was protective of the work that they do. He asked where the opportunities are for board members or commissioners to come and support the work that ICHD is doing. He noted that in order to provide support they needed to know where it is appropriate to plug in.

Jan noted that there are a couple of issues that are not being dealt with. Women who can’t roll over in bed to take care of their babies and the other issue is G6PD. Jan stated that 200,000 men are diagnosed every year and it only affects people of color and it can be deadly if the affected person eats fava beans or are exposed to moth balls. Jan asked if the BoH can advise physicians about these issues.
Dr. Shoyinka explained that she was unsure how prevalent G6PD is in our community. She agreed to do some digging into its prevalence in the community.

4. **Public Health Update- Debbie Edokpolo**

Debbie expressed that ICHD is happy to share their services with everyone. She further explained that Public Health Services has new directors but as the directors get on their feet it is her hope that they will be able to start attending in January.

Lynne reiterated that the BoH is there to help the Health Department and the Board of Commissioners. Nino would like an update of how the whole health department is working. Debbie announced that the minutes will be going out sooner. Debbie stated that they are in the process of updating the Strategic Plan and that the board would be invited to participate in that process.

5. **Board of Commissioner Update- Derrell Slaughter**

Derrell announced that the Human services committee met to review the budget. He explained that there were additions to the jail medical budget. The budget was recommended by the Human Services Committee and it will move forward to the Finance Committee. Human services created a Health Millage sub-committee, the Millage funds both IHP and CMH. The sub-committee will be reviewing the Millage to determine whether to lower or raise the millage depending on need.

Meeting adjourned 1:01 pm

**Next Board of Health Meeting:** 12:00 pm on Tuesday, October 1, 2019 in Conference Room C at the Ingham County Health Department, located at 5303 S. Cedar Street in Lansing.